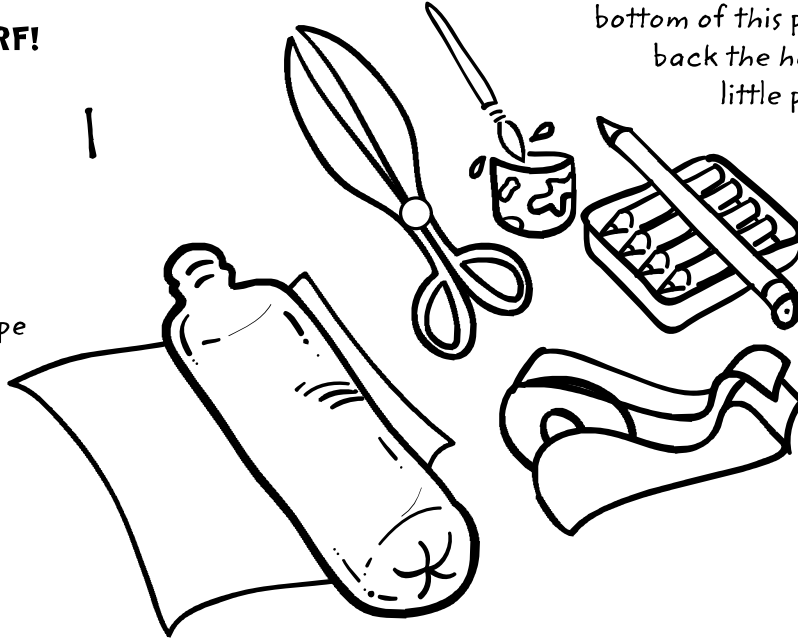
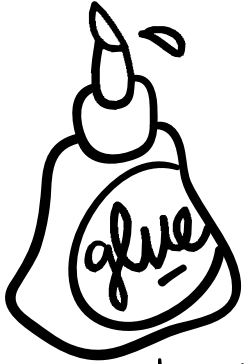


Make a MRF !!

Make a Millie MRF!

You will need:

- A pair of scissors
- some paper
- a plastic bottle
- some glue
- ..or some sellotape
- some paints or crayons or felt tips



2 Cut out the picture at the bottom of this page, and fold back the hair like in this little picture here:



3 Glue it to the bottle

4 When you've finished, you can put them into the recycling box, and they will get to the MRF family, who will have lots of new ..or old .. friends!

5 If you like ... you can add sequins, or glitter, or buttons or anything to make your Millie even more special.

We will pick out some of the best ones and put them on the website for the whole world to see!

